

JUNE DOCUMENT 2005

EVENTS NOTICES.

R & R WINTER STREET SERIES

12th and 19th of June and the 3rd and 17th of July

Score events with questions instead of controls so you might like to bring a pen or pencil. Event briefing at 11.15am and mass start at 11.30am. Spot prizes will be given away at the event. Cost \$4

Any questions contact Dion ph 4730063 or email at kendi013@student.otago.ac.nz

RED LEVEL TUESDAY TRAININGS ARE COMING.

Brian Buschl

Rationale:

To provide training opportunities to our red level orienteers, in the lead up to the South Island champs.

Objective:

The training focus will be on technique skills rather than fitness.

Dates: Every Tuesday evening starting Aug.23rd. (minus Oct 4th)

These trainings are being run by your committee. The plan at the moment is a 5.15pm meeting time, before driving out to the maps. They will involve a pre entry each week via an e mail system. Exercises such as route choice, simplification, corridor maps, sprint O. More details to follow. Any queries, please ring or e mail Brian.

Coming up.

Cross-Country Ski Orienteering 30 and 31 of July.

Keep that weekend free.

We hope to subsidize the fees again, also we booked the lodge at the holiday park for Friday and Saturday night.

We hope to provide a great weekend full of fun and spotprizes.

See you there

Cheers Matt, Brian, Allan and Annie

WELCOME to new member Russell Nicholls.

FROM THE COMMITTEE

Southland Schools Champs

Jane Forsyth

A contingent of juniors from the Dunedin Orienteering Club went south recently to compete in the Southland Schools Championships. This is the largest event on the Invercargill orienteering calendar, with over 100 participants. It was held in the dunes and forest of Sandy Point, a large reserve area west of Invercargill, on a rather foggy day.

DOC made a strong showing in the Senior Boys Experienced grade, with Riki Cambridge (Kings) placing first, Brendan Thayer (Bayfield) second and Matthew Radford (Otago Boys) fourth. Another very creditable result was Rosa Pettinger (Macandrew) with second place in the Intermediate Girls Novice grade.

In the Junior Boys Experienced competition, DOC members Vincent Pettinger and Ryan Cambridge scored second and third, with Bede Robertson fifth. All the boys are from Kings High School.

Thanks to Owen for organising the transport and congratulations to the DOC contingent who all did well.

EX DOC MEMBER - WHERE NOW??

Rick McGregor.

I am still living in Kiruna (200 km north of the Arctic Circle) in northern Sweden, where I have been since mid-1997, and working as Information Officer at the Swedish Institute of Space Physics. I run in H45 for the local orienteering club, IFK Kiruna, and am chairman of the local Mapping Committee. The orienteering season hasn't really started up here yet - there is still snow on the ground in the forest - but I ran in O-Ringen in Gothenburg last summer and attended the World Champs in Västerås in the autumn and competed in the public events. I get the occasional work trip down to the Stockholm/Uppsala area (where the Institute has a branch office), so I have managed to get an early start to my own orienteering season this year with a couple of events on the northern edge of Stockholm (including a night event).

ORIENTEERING BY IAN BRATT

A book review by Ken Dowling (Ex DOC member)

My opinion in summary: attractive, appealing, draws you to read it, inspires you to do it. This book is one of an Adventure Sport series and that is exactly how orienteering is refreshingly portrayed by Ian Bratt. Ian doesn't say who the book is intended for but the Adventure Sport series and the style indicate a youth to adult target.

Forget your dry 'how to' chapters and dreary photos of people in funny nylon suits. This book combines photography, text, charts and artwork to portray orienteering as appealing to readers as it is to us.

The range of topics is extensive yet thanks to well crafted text that is concise, precise and clear, at less than 100 pages this is not a heavy tome. Examples of extended scope include "Trends in orienteering" in the description of the sport and also a chapter that

covers general and orienteering specific training, nutrition, stretching through to the mental angle. The final chapter covers various forms of orienteering including rogaining and an intriguing look at new developments. That chapter also has commentary by an orienteer known to many of us – now Christchurch based Carsten Jorgensen.

The photography is outstanding and is exemplified by the cover action shot of an orienteer in modern, trendy gear. No nerdy look here! The action/trendy theme is complemented by superb scene shots and backgrounds. For example verdant foliage and lichen covered roots amongst rapids or the multi green-blue hued plants and reflections in underwater orienteering. The photos alone make you want to get out there now.

Extensive use of diagrams helps keep text minimal while improving clarity of explanation. If I had to choose one book to introduce people to the sport, it would be this attractive and appealing book without question. Each club should ensure its local libraries have copies and perhaps donate a second copy. And get one for your own coffee table and work place.

Orienteering by Ian Bratt, New Holland Publishing 2002. Amazon search term = orienteering by ian bratt

THE SAGA OF THE FIRST ORIENTEER

By J. A. M. B. O'Ree

In days of old (my school books told)
before compasses were invented,
the early travellers journeyed far
by being oriented.

No one had dug out the holes
to place the North and Southern Poles;
the East was called the Orient
and 'twas in this direction men mainly went.

Each day when their day begun
they yawned, then stretched, then faced the sun:
The sun they knew rose in the East,
no compasses bothered them (not in the least).

With East in front and West behind
any direction they could find;
just when the sun hid from their sight
were they in any kind of plight.

Once, when the sun hid from his view
a young man thought of things he could do:
He invented a game that would help all mankind,
that you did alone, and by using your mind.

This game he called "Travelling A-Far"
by day use the sun, by night 'The Great Star'.

This first orienteer was related to me,
a far distant kinsman of your friend J. A. M. B. O'Ree.

His name clearly said he was 'as Irish as could be'
when he left Erin's Isle and set off to sea:
To Rome he did sail, and he made the trip solo,
this first orienteer was named Mark O'Polo.

In Rome he got restless and onward he went
navigating his way to the 'Far Orient':
Upon the Great Plains he met a strong, clever man,
who became his first rival, 'twas the great Genghis Khan.

They planned the first race, one control, that was all,
the Control Description read 'China End of Stone Wall':
The prize was some wine in an old goatskin bag,
the spot would be marked by a red and white flag.

They started in India, early in June,
Mark lost several days when he met a monsoon:
He fell further behind all through the Fall,
finally, late in December, he arrived at the 'Wall'.

It stretched on forever and he was 'down in the mouth'
as he turned to the right and followed it south;
for sure he'd been beaten, by over a week,
Oh why had he thought up this weird 'Hide and Seek'.

But on reaching the 'Wall' and then setting forth,
Khan turned to his left and went far to the North:
as usual, the Description had not told it all
and had conveniently left out WHICH 'End of the Wall'.

So it wasn't a Swede who was the first orienteer
but a relative of mine, and I wish he were here:
to tell how he won after feeling 'so low',
my Great Grand Dad, old Mark O'Polo.

For the truth, if he told it, would be a disgrace,
It seems that the flag was hung in the wrong place:
The course setter he'd drunk the wine from the bag
And hadn't a clue where he hung up the flag.

These traditions exist to this very day,
we still get descriptions that don't always say
on which side of the feature we'll find the flag
and it seems our course setters still drink wine from a bag.

[Credit: pinched from PUNCH, originally from April 1995 "Tales of WOA" (Wellington Orienteering Association), with thanks to William Power and Michael Wood, but neither of them wrote it!]

NEW ZEALAND TEAM to contest a TEST MATCH against AUSTRALIA, Saturday 28 and Sunday 29 May 2005

Women

Penny Kane	Peninsula and Plains Orienteers
Claire Paterson	Red Kiwi OC
Lara Prince	Peninsula and Plains Orienteers
Tania Robinson	Counties Manukau OC
Rachel Smith	Peninsula and Plains Orienteers
Rebecca Smith	Taupo OC

Men

Darren Ashmore	Taupo OC
Karl Dravitzki	Egmont OC
Brent Edwards	Counties Manukau OC
Chris Forne	Peninsula and Plains Orienteers
Neil Kerrison	Egmont OC
Jamie Stewart	Peninsula and Plains Orienteers

Manager Clem Larsen

Coach Dave Melrose

SILVA NEW ZEALAND TEAM to compete at the WORLD CHAMPIONSHIPS Aichi, Japan, 8 – 14 August 2005

Event abbreviations:

L Long Distance M Middle Distance S Sprint Distance R Relay

Women

Penny Kane	Peninsula and Plains Orienteers	L, R
Claire Paterson	Red Kiwi OC	M, S
Tania Robinson	Counties Manukau OC	M, S, R
Rachel Smith	Peninsula and Plains Orienteers	L, S, R
Rebecca Smith	Taupo OC	L, M

Men

Darren Ashmore	Taupo OC	M, S, R
Karl Dravitzki	Egmont OC	M, R
Brent Edwards	Counties Manukau OC	L
Chris Forne	Peninsula and Plains Orienteers	L, S, R
Neil Kerrison	Egmont OC	L
Jamie Stewart	Peninsula and Plains Orienteers	M, S

Manager Clem Larsen

Coaches Alistair Landels Dave Melrose