

NOVEMBER DOCUMENT 2003

EVENTS NOTICES

Rogaine near Wellington 22 November
NZ website: www.mapsport.co.nz/rog/rogaine.html

ORIENTEERING CAMP, FOR JUNIOR JUNIORS, 12-14th December, years 6-9 based around the Wellington region. For more information contact Jamie Stewart, coaching@nzorienteeing.com or (03) 4792512

SOUTHERN 6 DAY 2004

January 3 to January 11 - Southern South Island
Entry forms available from latest issue of NZ Orienteering, www.dunedinorienteeing.com or from Bruce & Sheryl Collins at (03) 4658255 or r 47 Stewart St, Waikouaiti.

DUNE TUNE Andrew McCarthy and Peter Bakos (on behalf of Orienteering Hutt Valley) are organising an event 22-23 February 2004. Information at dunetune2004@hotmail.com or www.mapsport.co.nz/hvoc/

2004 Event Programme.

Draft of next year's event programme. It is provisional and may change.
Remember that all club members are expected to plan, control or organise at least once during the year so be in and volunteer quickly to get an event to suit you!

WELCOME TO NEW MEMBER - **Jan Piggot**

FAREWELL to the Kelly Family.

We wish you all the best shifting North. Thank you for helping us with planning and organising some events. We hope you have a chance to do some Orienteering up there. Take care and who knows we may see you somewhere out and about.

SYMPATHY to Willy Flockton on the death of his father during October.

CONGRATULATIONS

To the Cotter family on an addition - a baby girl. Jim Cotter also features in the latest University of Otago magazine, which describes how he will mix sport and scientific research in this year's Southern Traverse (near Dunedin, 7-15 November).

To the outstanding Otago students who received Golds and Blues at the recent awards ceremony. A Gold (for cultural activities) went to William Flockton for journalism, while Blues (for sporting achievements) were awarded to Penny Kane and Jamie Stewart. These awards are highly prestigious and nationally-recognised and denote exceptional achievement. DOCument also failed to note earlier in the year that Penny and Jamie were in the NZ team for the inaugural ANZ test match, held in Australia in May.

Tane Cambridge ran a 1:26 half marathon in the Moro Marathon. Riki Cambridge who also competed, despite being sick the previous week and came in at 2:01 well outside his training times but a gutsy effort for someone of his age with a major asthma problem.

Jesse Robertson who has been awarded a medal for scoring the top mark in New Zealand in the Australian English Competition.

CORRECTION.

Stuart Melville writes:

"I was recently in Paris to watch the World Track & Field Championships (and see my son Andrew and wife Jean). I do want to clear up the misconception that I was competing in this event." The co-editor unreservedly apologises to Stuart for promulgating this egregious misinformation.

THE RAID ON THE CANTABS.

Owen Cambridge

The timing of the Canterbury and South Island School's Champs is timed at the last weekend of the school term to deter any teachers from out of town to attend. A cunning psychological ploy. I arrived home from Milton about 5 to find the "team" waiting for me, so after a 10 minute pack I ignored the need for rehydration and drove on past the local watering hole to get to Meadow Park in Christchurch in time for a team talk from Jesse who was still impressed by having pizza every night of the previous trip with Myles.

This was a tough standard to maintain but we did our best although the space limitations of the car meant that we were forced to buy food in enemy territory instead of carrying our tartan porridge from Dunedin. Tane let the side down next morning by buying healthy food when we stopped at a bakery for breakfast. The rest of us maintained standards.

We applied the usual degree of forward planning for a Cambridge expedition by leaving the Christchurch map at home and ended up at the wrong end of Bottle Forest park about the time we wanted to get to the start area. Orienteers don't need road maps. (ha ha)

Low flying tactics were applied and we arrived at the Spencerville Park in good time for our late (arranged that way) starts.

In the first event, the Canterbury Schools Champs, Tane won by 8 minutes, Jesse Robertson was 2nd, a Cantab was 3rd and Riki was next in the senior event. Ryan had an exploring day and came in third in his year 7 grade. The chauffeur competing unofficially (not fair as I still go to school) put in a respectable time as well (2 minutes behind Riki)

After a late lunch at Pizza hut and the free dessert bar, the team met our yacht racing mates at Schroeder's tavern to watch the Otago game and get teased by some outrageously ignorant Canterbury supporters. It didn't help that Otago played their worst game of the year.

After a foul home cooked curry at Meadow Park, Riki tested out his new restricted licence by driving us round the Square for a few laps before we parked and went out looking for excitement on foot. Boring, we didn't get a single proposition for anything remotely risqué. Well driven Riki. Jesse and Ryan also displayed good bogan potential.

The next morning was seriously wet. It was Christchurch. We had a serious wet weather planning exercise as to how we would manage ourselves getting in and out of the car so

we didn't stuff up the trip home by being wet and cold. As we arrived at the start area for the South Island Schools Champs the sun came out and the rain stopped.

The courses were not quite the same quality as the day before, Jesse had a blond moment where he and a prominent Cantab orienteering lady spent more time looking into each other's eyes than looking for controls and convinced each other that the control was missing. It wasn't, even I found it. Pity though, because Jesse has changed from being a social orienteer to becoming a good orienteer this year and he deserved better than this.

Tane complained about having dead legs before he raced (he and Riki ran a half marathon the previous Sunday and then an interschool cross country on the Wednesday).

At the time we left none of the adult wayfarers had beaten Tane's time (Jurgen Carstenson was still out) and none of his grade did either. Riki had come third to the local Hot Potatoes and Ryan came second to a young McGowan. The old fart got dislocated and by the time he got back on the map the Achilles had stopped working again. It was a long walk back.

After a low key prize giving, 4 Otagoites made a significant impact on the available certificates, (King's won the points for the first day and were 2nd overall over 2 days) we investigated the Brighton pier (What is the point of it?) and then made our way home with large smiles on faces.

We put the safety catches on and unloaded the ammo once we got South of the Waitaki.

The Canterbury Schools Orienteering Championships

Held at Bottle Lake Forest on 20th and 21 September 2003.

The Cambridge boys had a couple of good days. Tane won by 8 minutes on the first day and no-one else (in the schools grade) completed the course on the second day. Jesse missed a control. It wasn't the greatest of courses. Owen ran right off the map as did Tane but he relocated way quicker than Owen. There was one control that was right on the edge of the map which was fine if you knew the area but didn't work for "foreigners". Riki had an ordinary 1st day still getting over his cold but had a better run on Sunday although still below par health wise.

Saturday 20 September

Senior boys
1st Tane Cambridge (Kings High)
3rd Jesse Robertson (Kings High)
6th Riki Cambridge (Kings High)

Year 7/8 Boys
Ryan Cambridge (Macandrew Intermediate)

1st Team

Sunday 21st September

Senior boys
1st Tane Cambridge (Kings High)

Intermediate Boys
3rd Riki Cambridge (Kings High)

Year 7/8 Boys
2nd Ryan Cambridge (Macandrew Intermediate)

Kings High.

Top school over 2 days
2nd place Kings High

From NZOF: The IOF have advised the following:

"Poland has been appointed the new organiser of the 2004 Junior World Orienteering Championships (JWOC). The event will be held on 5-11 July near Gdansk in the North of Poland.

The 2004 JWOC was originally awarded to Kaliningrad, Russia. Due to a recent change in the Russian visa procedure it became difficult for some teams to obtain a visa and, as a consequence, the Russian Orienteering Federation asked the IOF to appoint another organiser for the event.

'We believe that Poland has the expertise to handle the event even at this short notice. The local club WKS Flota Gdynia has organised several major orienteering events, among them the 1994 edition of the JWOC and the European Youth Orienteering Championships in 2002,' says Brian Porteous, Chairman of the IOF Foot Orienteering Commission."

SPRING IN VICTORIA.

Jane Forsyth

I have just been over to Australia for my first time orienteering there. The occasion was a series of events: the Oceania Champs and Australian Champs on 2 successive weekend, together with a few other challenges thrown in to fill up the time in between those major competitions. It turned out the only other Dunedin person going was Ian Holden, who was representing NZ in the ANZ challenge which took place during the first weekend. There were also Anne and Pauline from Southland and quite a few PAPO members, so there were a few people I knew, although most of them were doing high powered competitive stuff unlike myself. I was only along to go for some nice bushwalks and see some new maps. The events were held in Victoria, near the towns of Bendigo and Beechworth.

The maps didn't disappoint! In particular the granite terrain, which resembles nothing we have in NZ except for parts of Stewart Island where we don't go orienteering. This was really special country and lots of fun to navigate through. Apparently the trick is to read the contours underneath all the rock detail for the most part. This worked well as long as I kept concentrating – but one little lapse and you could be just about anywhere!

The granite maps were Mount Kooyoora, used for the World Masters last year, Mount Tarrengower near the pretty historic town of Maldon, and Barambogie which is further east near Beechworth. The first and last maps were in eucalypt forest with various degrees of open-ness, mostly mapped as white although you would need to be a much stronger runner than I am to actually run through rocks loose and fixed, in a network of fallen logs and branches. While Mt Tarrengower has bush at the top, the competition was a score event and the only parts I visited (near the bottom of the very steep hill) were covered in long grass and prickly pear cactus. Cactus patches were not mapped individually and we were merely warned to avoid them. Also it was raining hard. However on the positive side, we did only have to be out for 45 minutes!

Two other maps were in spur-gully terrain with very good definition of landforms – not all vague as I was expecting. These were like gentle NZ terrain apart from being covered in gum trees with wallabies leaping about all over the place. One map, Wattle Gully, was in an old gold working area and had many familiar features like water races, pits, shafts and heaps of tailings - but nothing like as complex as Naseby.

The last map that I walked on (and you didn't have to run this event as it was a social one) was situated between the St Leonards vineyard and the Murray River in the north of Victoria. This was great fun, a pairs event with jellybeans at the only compulsory control and an al fresco meal at the end of it. During the event I saw a lagoon full of pelicans and some lovely wild flowers. It was raining lightly and I walked round with my umbrella and camera, enjoying the ambience and the unusual combination of a vineyard surrounded by gum trees and a slow-moving muddy river.

Overall I was surprised by how green Victoria was (not in an O sense but in terms of grass and forest growth). Spring is probably the greenest time of year, but also they had just had a significantly wet winter after more than a year of drought and bush fires, so everything was growing with renewed enthusiasm. The wild flowers (different in every area and I couldn't find anyone to tell me the names) and the bush animals were much in evidence, adding another dimension to the landscape, and I also liked the many historic towns and the influence of 19th century gold mining. In short, if you get a chance to go to Victoria orienteering in spring, take it. Also take your umbrella and winter gear – when people from Invercargill say it's cold, you'd better believe it!

PS We met Ken and Anitra Dowling over there and they pass on their regards to their old friends in Dunedin. Both are into mountain biking and when last seen Ken had his arm in a sling from a jump that went amiss.

DOC team report from the Auckland Orienteering Champs.

Michael Tagg.

Travelling to the Auckland Champs for the weekend isn't exactly something that an average member of DOC can justify doing. However, now that I've moved up to Auckland to live and work, it was an extremely easy and very convenient way for me to get two top quality races in one of New Zealand's premium Orienteering locations –Woodhill. Sad as it has been to say "goodbye" to Dunedin and to DOC, I have to admit that it was nice to turn up to the first day of racing and be able to say "hello" to all of my Orienteering friends from the Auckland area.

The first day was hosted by the North West club on the "Spaghetti Soup" part of Woodhill. Although I have had the pleasure of running on this map before –it was still a bit of a shock to the system to turn over the map and head off to the first control! Woodhill is an amazing area because there is a great blend of vegetation – not so much in species, but more so in runnability and visibility. The Spaghetti Soup map predominantly consists of younger trees, which are close together making sight distances small. It also makes you weave and dodge low branches like an Enron CEO on tax day –not an easy task for a person 6'5" tall recovering from a back injury! The joy of the race far outweighed the pain however and I was pretty stoked with the way I Orienteered. There's nothing better than getting into that "comfort zone" where the navigating just seems easy and the controls almost jump out at you. Well I guess if I was fit and in the zone it would be better –but you can't always have everything you want!

Day 2 was rumoured to be a lot more open than the first day... so I got myself into a slightly different mindset before my race. The plan was to move a little bit faster and rely on relocation if I slipped through the side of the control circle. Dumb idea as the start of the race was almost identical to the first day... so a few nasty errors later and I was starting to get good value for money! Not in the most competitive of moods this in no way dampened my spirits as I had another FANTASTIC day in the forest. This really was a super weekend of racing – many thanks to the NW club for their organisation. It was also fantastic to be able to support the New Zealand Elite team as they raced (and beat!) the Aussies in the test match.

One of the big topics of conversation among the Orienteers was the upcoming Summer 6 Day event – anticipation for this orienteering gala is really building up even at the other end of the country! I look forward to coming back down to Otago for what promises to be the ultimate New Zealand orienteering experience and also to catch up with all of my friends from the DOC club. Now is a great opportunity for me to say “thank you so much” to all of DOC for making the first 10 years of my orienteering so fantastic. I hope that one day I'll return - to continue running for the blue and gold.

Taupo: Following the recent untimely death of Hamilton club secretary Mike Baldwin, it is with sadness that Stuart Payne advises that Gina Eatson died recently after a long illness.

Gina's funeral was held on Monday 13 October. Gina was an active and very supportive member of the Taupo Orienteering Club for a number of years. She was also the wife of Chris Morris and the Eatson-Morris family greatly boosted Taupo's small club membership. Jim Lewis from the Taupo Club wrote: "Gina will be greatly missed by us all."

NZOF NEWS - OCTOBER 2003

CONGRATULATIONS

Congratulations to the NZ Schools Orienteering Team upon its win in the Australian interstate Schools Championship. After holding a slender one-point lead following the individual competition on 30 September, the team cemented their lead, the next day, in the relays. Well done to all concerned.

KINLEITH FUNDING

The NZ Schools Team was supported by a grant of \$500 for uniforms. The NZOF thanks CHH Kinleith for this support as well as team member Simon Addison for his initiative in obtaining it.

NZOF APPOINTMENTS

The NZOF is pleased to announce that:

- Wayne and Tricia Aspin (CM) have been reappointed as coaching Coordinators of the National Orienteering Squad for a further two years.
- At its meeting in August, the NZOF Council approved in principle the establishment of a new part-time paid position of High Performance Director. In the meantime, Rob Crawford (WACO) was appointed acting manager of the National Orienteering Squad.

The NZOF thanks Rolf Wagner (NW) for his management of the squad over the last two years.

- Trevor Knowles (HV) has been appointed convenor of the NZOF MTBO Committee. He replaces Andy Clayton (PAPO) who has stood down after several years as convenor. The NZOF thanks Andy for his pioneering efforts in MTBO in NZ.

EVENT LIABILITY

At its meeting in August the NZOF Council discussed the conviction of Le Race event organiser Astrid Andersen for criminal nuisance following the death of a competitor in the 2001 cycle race. The conviction has resulted in concern that future safety requirements may become onerous for (adventure) event organisers including orienteering clubs.

Nevertheless it needs to be kept in mind that the conviction for criminal nuisance arose out of a specific lack of care and not a generality. In this case it was deemed that the pre-event information was contradictory and ambiguous. The jury then reached the conclusion that the ambiguity was a significant reason for the death of the competitor.

However, the trial also illustrated that while competitors can be asked to sign a waiver absolving the club and the organisers of any responsibility for actions by the competitor, a third party (e.g. The Police) may still take action. Such a situation could arise if the organisers are deemed to have been negligent or reckless.

After discussion the NZOF Council agreed that:

- a) the NZOF Health & Safety Policy should be reviewed
- b) clubs should be encouraged to develop Risk Management Plans for events
- c) NZOF should develop its own comprehensive Risk Management Plan
- d) clubs to be reminded of existing relevant NZOF policies and legal duties.

In the interim it is suggested that at events:

Identify the hazards. Communicate them to the competitors.

SPARC has also advised that it is important that organisations do not over-react to the decision. Furthermore SPARC has established a project to clarify further the potential exposure of event organisers in New Zealand. The first two phases, which they hope to complete by Christmas, entail developing an issues and options paper and consulting with the adventure sports sector. They then propose to develop an action plan.

As part of phase one, SPARC is asking for information regarding any events that have been cancelled and why. If you have any examples, from your own programmes, please advise the NZOF General Manager as soon as possible.

CLUB AFFILIATIONS FOR 2004

The 2001 AGM established that club affiliation levies were to be "inflation linked for subsequent years". The increase in the CPI for the June 2003 year was 1.5%. Applying this to the 2003 affiliation total of \$12,850 gives \$13,042. Accordingly the NZOF Council has set the 2004 total at \$13,000.

CCE SPORTS SCHOLARSHIP

Christchurch College of Education is offering a tertiary sports scholarship for its Bachelor of Business Management degree course in 2004. The closing date for applications is the 1st of November. Further details available from the NZOF General Manager.

NZOF VACANCIES

D-Squad Coaching Coordinator

The Coaching Coordinator is primarily responsible for raising the performance levels of squad members, so as to improve the results achieved by New Zealand age-group representative teams, as well as identifying suitable candidates for advancement to the National Squad.

JWOC 2004 Manager/Coach

The primary role of the Manager/Coach is to ensure all financial and logistic matters pertaining to the team's participation at JWOC are attended to, and to assist the team to perform to the best of their ability and to improve upon previous results achieved by New Zealand representative teams at JWOC.

Webmaster

The Webmaster is responsible for maintaining the design of and access to the official NZOF website, as well as promoting orienteering and communicate with clubs & members through the website.

Job descriptions for the above positions are available from the General Manager.