### **JULY DOCUMENT 2003**

#### FROM THE PRESIDENT.

Myles Thayer.

Well we have been having a quiet time on the events front and it was great to get out again on Sunday to the Pyramids. Many thanks to the planner for using a new starting area. It seemed to work very well although he was probably quite relieved that the weather was favourable. There was a good turnout and compliments to Sasha for bringing the group from Queenstown. It was also nice to see Rob and Amanda Batt again. I hope that the new people all enjoyed themselves. I noticed that the sand dunes wreaked havoc on some of the times and even without trees, some of us were still repeating the mistakes of Woodhill.

Some members must have been having withdrawal symptoms with the month's break. They travelled to Southland to get a fix at Sandy Point and reported very favourably. Keep an eye on the programme in the front of the DOCument. We have included the Southland events as well as the Dunedin events.

# Some things you should look for in this issue:

The Orienteer of the Year points are printed in this issue. Take a look and see which team you're in. The Blue team is getting a bit behind and will have to improve after the latest event.

The new list of contacts inside the front cover. In particular, we welcome Jane Forsyth back to the committee. In addition to her DOCument co-editor role, Jane will be the club's liaison with the 2004 Masters Games organisers.

Details of the Ski-O weekend, 27<sup>th</sup> July at Waiorau Snow Farm in the Pisa Range. Make sure you get your entries in by the 18<sup>th</sup> July.

Entry form for the Club Short O and Relay weekend, 9<sup>th</sup> & 10<sup>th</sup> August.

## **N.Z. Secondary School Champs**

We wish the boys from Kings High School all the best at the Championships in Nelson on the 18<sup>th</sup> & 19<sup>th</sup> July. Tane and Riki Cambridge and Jesse Robertson are going and they will also form a good competitive relay team. Good luck guys.

# **COMMITTEE NEWS.**

### Schools Liaison Officer.

We have a committee vacancy to fill. The schools liaison officer is our contact person with the schools. We need someone who is able to send promotional material and results to the schools and bring to the committee ideas, feedback and suggestions from the schools and the pupils. If you are interested, please contact any committee member.

### BILL BRYSON, IN NOTES FROM A SMALL ISLAND.

# **Contributed by Jane Forsyth.**

I am constantly impressed by the richness of detail on the OS 1: 25,000 series. They include every wrinkle and divot on the landscape, every barn, milestone, wind pump and tumulus. They distinguish between sand pits and gravel pits and between power lines strung from pylons and power lines strung from poles. This one even included the stone seat on which I sat now. It astounds me to be able to look at a map and know to the square metre where my buttocks are deployed.

Pursing my lips and referring once more to my map, I noticed that just a bit further on was something called the Giant's Grave and I thought: "Well, that sounds interesting."

So I plodded off to see it. That's the trouble, you see. There's always some intriguing landmark just over the next contour line. You could spend your life moving from stone circle to Roman settlement (remains of) to ruined abbey and never see but a fraction of them even in a small area, particularly if, like me, you seldom actually find them. I never found the Giant's Grave. I think I was close, but I can't be sure. The one notable drawback of these OS maps is that sometime perhaps they give you too much detail. With so many possible landscape features to choose among, it's easy to convince yourself that you are pretty much wherever you want to be. You see a grove of trees and you stroke your chin and think, Well, now, let's see, that must be Hanging Snot Wood, which means that that odd-looking hillock must be Jumping Dwarf Long Barrow, in which case that place on the far hill must be Desperation Farm. And so you strike off confidently until you come up against some obviously unexpected landscape feature like Portsmouth and realise that you have gone somewhat astray.

Thus it was that I spent a quiet, sweatily perplexed afternoon tramping through a large, forgotten, but very green and pretty corner of Dorset, looking for an inland route to Swanage. The more I plunged on, the less defined did the footpaths become. By midafternoon, I found myself increasingly crawling under barbed wire, fording streams with my pack on my head, wrenching my leg from bear traps, falling down, and longing to be elsewhere. Occasionally, I would pause to rest and try to identify some small point of congruence between my map and the surrounding landscape. Eventually I would rise, peel a cowpat from my seat, purse my lips and strike off in an entirely new direction. By such means did I find myself, late in the afternoon and somewhat to my surprise, arriving footsore, travel-soiled and decorated about the extremities with interesting rivulets of dried blood, in Corfe Castle.

"Come far?" asked the girl at the desk as I filled in the registration card. The first rule of walking is, of course, to lie through your teeth.

"Brockenhurst" I said, nodding gravely.

"Goodness, that's a long way!"

I sniffed in a frankly manful way. "Yeah, well, I've got a good map."

## 2003 OY SERIES.

Notes: This year we have introduced a teams aspect to the Orienteer of the Year competition. We have divided the club members into two teams by drawing a north/south line through the Octagon. The Golds live on the western side of the line and the Blues live on the eastern side of the line. You can see which team you're in and your points above and the team totals are below. These results were compiled by Myles Thayer.

	Event		umber	Total			Event Number		Total
	team	1	2			team	1	2	
Course 1					Course 3				
MEN					MEN				
Tane	G	862	796	1658	Brendan Thayer	В	980	988	1968
Cambridge									
Brian Buschl	G	795	670	1465	Ben Ludgate	G	1000		1000
Dave Browning	В	753	704	1457	Allan Grant	G		1000	1000
Alex Wearing	В	698	507	1205	Andrew Pohl	В		944	944
Bruce Collins	В	507	507	1014	Matt Radford	В	882		882
Matt Scott	В	1000		1000	Alan Carman	В	701		701
Jim Cotter	G		1000	1000	Don Gordon			546	546
Ciaran Thayer	В	896	100	996					
Kev Knowles	В	915		915	WOMEN				
Jamie Stewart	G	812		812	Eunice McLeod	G	838	922	1760
George McLeod	G		783	783	Rhonda Thayer	В	1000		1000
Chris Ingham	В	755		755	Jess Townsend			1000	1000
Aaron Searle	G		679	679	Annie Grant	G	896		896
Don Bruce	В		635	635	Robyn Blake			821	821
Sean Turnbull	G		538	538	Genevieve Webb	В		756	756
Lindsay Smith	G	535		535	Maria Smith	G		622	622
Rob Brockett			372	372	Linda Hope	В		456	456
Ray Hope	В		100	100	·				
					Course 4				
WOMEN					MEN				
Penny Kane	G	1000		1000	Ryan Cambridge	G	605	1000	1605
Sasha Middleton	G		1000	1000	David Grant	G	1000		1000
					Bernardo	G	572		572
Course 2									
MEN					WOMEN				
Myles Thayer	В	707	780	1487	Jackie Wilson	G	1000	1000	2000
Alex Hood		1000		1000	Helen Carman	В	891		891
Gavin Craw	G	1000	1000	1000	Denise Van Hardenbrock	G	708		708
Ben Ludgate	G		990	990	Margaretha Cambridge	G		460	460
Grant Hudson	В		934	934	Pat Ehrhardt	G		434	434
Jesse Robertson	G		910	910	Alison Johnstone	G		413	413
Sean Turnbull	G	815		815	Kyri Gibson	В	100		100
Ian Holden	G		805	805					

George McLeod	G	712		712	Course 5			
Don Melville	В		696	696	MEN			
Riki Cambridge	G		625	625	Tim Plunket		1000	1000
Allan Grant	G	550		550	Mike Plunket		739	739
Owen Cambridge	G	512		512				
					WOMEN			
WOMEN					Emily Buschl	G	1000	1000
Judy Browning	В	774	807	1581				
Jane Forsyth	В	758	755	1513				
Franny Cunninghame	В	1000		1000				
Jennifer Hudson	В		1000	1000				
Bunny Rathbone	G	752		752				
Margaret Tagg	G	100		100				
Jane Cloete	G		100	100				
		Event N	lumber	Total				
		1	2					
Team								
Blues		13317	10669	23986				
Golds		14065	16747	30812				

### **NEWS OF MEMBERS AND FRIENDS.**

# From Jane Forsyth.

The club was saddened to learn of Geoff Capon's death early in June. Geoff was a regular runner at club events. I think it's fair to say he sometimes enjoyed the running more than the navigation. He was also an accomplished hurdler and was well-known in veteran athletics circles. Geoff was often seen at events with his good friend Pat Taylor. We will miss him.

On a happier note, Fran Cunninghame and Julie Grant won a student recycling competition and got their pictures in the paper. As they are "of no fixed abode", apparently the way they get rid of their recycling is by putting it in other people's blue bins!

Jesse Robertson also featured in the ODT as pianist in a jazz trio which won the Otago Chamber Music contest and scored a trip to Wellington. Jesse is quoted as saying that they had a good groove going. It all sounds a bit 50's to me.

And back in May it was Penny Kane, our resident W21E national champion, who got a mention. She is the deserving winner of a Prime Minister's Scholarship which pays her university fees.

#### **NEWS FROM OTHER CLUBS.**

**Wellington clubs**: Punch not only has training tips for foot orienteers but also for mountain bike orienteers.

Auckland: carried 2 pages of tributes to their longtime member Andy Brewis, who passed away before Easter. The same issue also reprinted Michael Tagg's account of

the nationals and how he got a face full of sand on "Carnage Hill". Well done Michael, you've cracked the lucrative Auckland market!

**Hamilton**: an article about how knobbly insoles (with the knobs on the inside of the shoe) should reduce knee and ankle injuries. However since this was from the New Scientist of 1st April, I'm not sure it should be taken seriously.

Hawkes Bay: an article on Orienteering Diseases reproduced courtesy of a NWOC 1981 newsletter. These diseases being Anoxic Orienteering Error (AOE), Back Bearing Syndrome, Straight-Stretch Hypnosis, Control Blindness, Punch Palsy, Eyebrow Failure, Psychiatric Diseases, and Orienteering Paranoia. They finish the article saying "Curiously enough, though orienteering diseases are often severe, treatment is easy and they nearly all clear up with rest, beer and discussion. We have yet to see a case which has not fully recovered by the time of the next event".