

## **JUNE DOCUMENT 2003**

### **EVENTS NOTICES**

Urgently needed Organisers for Aug 10th Relays Town and Naseby Second day, 4 January 2004. Contact Annie if able to assist.

### **FROM THE PRESIDENT.**

Myles Thayer.

It is with regret that I have to report that the committee has received the resignations of Kev Knowles, Sheryl Collins and Bruce Collins. Kev has resigned because of work commitments and Sheryl and Bruce have circulated the reasons for their resignations.

I would like to take this opportunity to thank them all on behalf of the club members. Kev has been our schools co-ordinator during a time of many changes and his contribution is greatly appreciated. Sheryl has been our treasurer and her experience with the Hamilton club and NZOF meant our club finances were always kept immaculately. She has computerised our records and this has allowed us to monitor our costs much more accurately. Her contribution both as treasurer and to the many other committee tasks she undertook will be greatly missed. Many thanks Sheryl. Bruce's contributions to the committee and to the club in general, has been immense and I hesitate to try and list them. However as our mapping co-ordinator, technical officer and more recently, secretary, his contribution has been greater than any other committee member in my experience. He has also prodded us into many innovations and it is this aspect of his committee work that will be our greatest loss. We are very grateful to Bruce for his huge contribution and I hope he'll be able to offer us advice and the benefit of his experience in the future.

On a much more cheerful note, congratulations to all our members who competed and excelled at the National Championships. Special mention should be made of Penny Kane who successfully defended her W21E title. This was a great effort on a map that I found almost impossibly difficult. On the local scene, it was wonderful to get such fine weather for our Otago Champs weekend. In a labour intensive sport such as ours, these events are even more work and I would like to thank all those involved. The organisation seemed to go like clockwork for the competitors, the courses were suitably challenging and everyone I spoke to was most appreciative. The people from PAPO in particular, mentioned that it was well worth coming. We now look forward to some OY events and with a bit of luck I'll run a couple of street O events to fill in the spaces. Watch your email for details.

### **COMMITTEE NEWS.**

Kev Knowles has resigned from the committee and a new Schools Coordinator is needed

Duane Pleace has rejoined the club

There was a long discussion concerning late entry fees and wayfarers. A summary will be circulated and a decision made at the next meeting

It was agreed that a refund of entry fees for sickness/injury is acceptable if advice is received before the maps are printed.

Julie Grant & PE School students will be entering the Gladbrook event and will then run an event on 27 September in town as part of their course marks

Myles proposed running a series of street events in June. He will organise totally and take 50% of the profit.

## **LOST CLUB FILES**

Some more club files have been located but still missing are  
 Club minutes prior to and including 1982  
 Club correspondence prior to 1987  
 AGM minutes for 1992 and earlier  
 AGM minutes 1998

## **TRAINING TIPS FOR ORIENTEERS.**

**By Dennis Wildfogel - Taken from the web - by Bruce Collins**

### **Reviewing Your Course**

One of the best ways to improve your orienteering is to go over your course in detail as soon as you can after completing it. Use a pen to trace on your map the exact route you actually took. This forces you to remember what you actually did and what you actually saw. You ought to be able to reconstruct exactly where you were - or else that means you're not looking at the terrain enough. See if there were better routes you might have taken that you didn't notice at the time. Analyze your errors by asking yourself what you didn't see that you might have. (Oftentimes errors are caused by ignoring terrain details that you actually saw but didn't utilize.) Talk to other people who ran your course and ask them why they went the way they went, and what key things they relied on (pace counting, contours, point features) in different situations. If you don't take the time to analyze what you did and to get input from others, then you're sure to commit the same mistakes over and over.

Bruce suggests you might like to try this:

It leads to a site that tests your knowledge of control descriptions

<http://www.fortnet.org/icd/>

## **REFEREES, UMPIRES AND CONTROLLERS.**

Myles Thayer.

There have been a number of news stories in the last three weeks about referees and umpires in a number of sports. They have of course been concerned with major sports such as rugby, netball, cricket and soccer but I think that orienteers should also consider our event officials. After all, our event controllers are effectively our referees. Their duties are well specified and include making sure the planner sets fair courses and that

competitors comply with the rules. The current health and safety environment has placed a number of duties of care upon sports clubs and it is the controller's responsibility to make sure that we comply. This of course includes the standard hazard identification form and any extra instructions to competitors.

So it is timely to remind ourselves that at events, a controllers instruction must be adhered to. If the event is a major one, there will be a panel to whom competitors can take any problems regarding the fairness of the course. In other cases there is always the channel of having the club committee review decisions. This however is only a review after the event. The decisions of the controller must be final on the day of the event.

## **NZOF NEWS - MAY 2003**

### A SUCCESSFUL NATIONALS

Well done to the Auckland and North West clubs for a successful Easter-ANZAC Carnival, including Nationals 2003. And also for the permanent introduction to New Zealand of electronic punching.

And congratulations to our 2003 national open champions:

Long distance (classic): Rob Jessop (Auckland) and Penny Kane (Dunedin)

Medium distance (short-O): Rob Jessop (A) and Tania Robinson (Counties Manukau)

Sprint: Chris Forne (PAPO) and jointly, Tania Robinson (CM) and Rachel Smith (PAPO).

Fastest times in this event, however, were recorded by non-NZ nationals Carsten Jorgensen (PAPO) and Magdalena Danielsson (Wellington).

### LIFE MEMBERS

Four new life memberships were conferred at the NZOF AGM held on 18 April. Congratulations therefore to the following: Bruce Collins (Dunedin), John Robinson (Red Kiwi), Graham Teahan (Red Kiwi) and Michael Wood (Hutt Valley).

### ANNUAL AWARD WINNERS

Congratulations also to the winners of the annual awards announced at the AGM. These were as follows:

- Silva Service Award: Val Robinson (Counties Manukau) for her lengthy service to orienteering in NZ, beginning many years ago with the Pinelands club.
- Silva International Performance of the Year: Marquita Gelderman (North West), winner of W35A at the 2002 World Masters Championships.
- Silva Administrator of the Year: Bryan Teahan (Wairarapa), NZOF Statistician, for his development of a comprehensive on-line database of historical results and other statistics.
- Ampro Sales Compass Award for club growth/development: Rotorua, for significantly increasing membership for the fourth year in a row and for development work with secondary schools.
- Silva Coach of the Year: Derek Morrison (Hawkes Bay).
- Silva Magazine of the Year: DOCUMENT, editors Jennifer Hudson & Jane Forsyth.

The NZOF thanks SILVA, through Ampro Sales, for the ongoing sponsorship of these awards.

The President's Award for outstanding volunteer contribution at club level went to Bert Chapman (North West) and the Brighthouse Trophy for the best performance at the 2002 Nationals and Area Championships went to Derek Morrison (Hawkes Bay) in the M50A grade.

### OTHER AGM NEWS

Rob Crawford and Pamela Morrison were re-elected as President and Vice-President respectively.

The remit on capping event levies for major events was lost, while the revised constitution was adopted without the proposed amendments regarding the approval of budgets and competition rules.

### APPOINTMENTS

The NZOF is pleased to announce the following appointments, made at the Council meeting in April.

Coaching Director: Jamie Stewart (Dunedin)

Development Officer: Robyn Davidson (Red Kiwi).

The NZOF thanks Jan Davies for her term as Coaching Director.

### AUSTRALIA - NEW ZEALAND TEST TEAM ANNOUNCED

The New Zealand team to contest the inaugural (elite) Australia-New Zealand Test Match in Australia, 24-25 May is:

Men: James Bradshaw (Wellington), Alistair Cory-Wright (PAPO), Chris Forne (PAPO), Rob Jessop (Auckland), Jason Markham (PAPO), Jamie Stewart (Dunedin).

Women: Lisa Frith (North West), Penny Kane (Dunedin), Lara Prince (PAPO), Tania Robinson (Counties Manukau), Rachel Smith (PAPO), Rebecca Smith (Auckland).

Manager: Tricia Aspin (CM), Coach: Wayne Aspin (CM).

### **SILVA NZ TEAM for the WORLD ORIENTEERING CHAMPIONSHIPS SWITZERLAND, 3 – 9 AUGUST 2003**

#### **WOMEN**

Claire Paterson (Red Kiwi, Manawatu))

Tania Robinson (Counties Manukau)

Rachel Smith (Peninsula and Plains, Canterbury)

<b>SPRINT</b>	<b>CLASSIC</b>	<b>SHORT</b>	<b>RELAY</b>
Tania Robinson	Claire Paterson	Claire Paterson	Claire Paterson
	Tania Robinson	Tania Robinson	Tania Robinson
	Rachel Smith	Rachel Smith	Rachel Smith

#### **MEN**

Greg Barbour (Egmont)

Chris Forne (Peninsula and Plains, Canterbury)

Rob Jessop (Auckland)

Jason Markham (Peninsula and Plains, Canterbury)

Aaron Prince (Peninsula and Plains, Canterbury)

<b>SPRINT</b>	<b>CLASSIC</b>	<b>SHORT</b>	<b>RELAY</b>
Chris Forne	Chris Forne	Greg Barbour	Greg Barbour
	Rob Jessop	Rob Jessop	Jason Markham
	Jason Markham	Aaron Prince	Aaron Prince

**Manager** - Rolf Wagner (North West)

**Coaches** - Dieter and Ursula Wolf (Switzerland)

